

REPORT ON International Day of Yoga (IDY2020)

Date: 24/06/2020

In the light of the prevailing covid-19 situation, this year International yoga day was set to go digital. As per the instructions received from 2 Maharashtra battalion NCC Pune cadets were encourage to practice yoga at their homes. The IDY 2020 was “YOGA FROM HOME” the participants learned Yoga from the safety of their home through various resources made available online. The digital resources for yoga from home as informed by the Ministry of Ayush were telecast on DD Bharati and DD Sport training session on common yoga protocol.

Our college NCC cadets enrolled for the IDY 2020 with the link provided by NCC battalion. The link had been given specifically for NCC. It had auto generated no. of cadets/families from NCC fraternity participated in IDY 2020 from our college.

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Email va.bale@tccollege.org
Institute Teacher-Vivek Anil Bale
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Institute Teacher-Vivek Anil Bale

Feedback

IDY Participation 2020-21st June 2020

| Sr. No | Name of Organization/Institute | Location | Number of Participants (Yoga @Home) |
|--------|--------------------------------|---------------------------|-------------------------------------|
| 1 | T.C. College, Baramati | At their respective homes | 48 |

Thank You.

Yours Faithfully,

Lt. Vivek A. Bale
In Charge, NCC,
T.C.College,Baramati

ब्राह्मणी प्राणायाम



पर्वतासन



Ankita kumar Bhokare
2 Maharashtra Battalion,
NCC,PUNE.
T.C.College,Baramati.



Gymkhana Department
Date:- 21st June, 2021.

To,
The Principal,
Tuljaram Chaturchand College,
Baramati :- 413102.

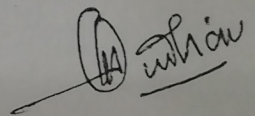
Subject :- 7th International Yoga Day celebration.

Respected Sir,

As you know 21st June is celebrated as an International Yoga Day all over the world. Department of Physical Education in collaboration with Department of Yoga, N.C.C. & N.S.S. organised a Yoga session on the play ground of our college. Prof. Dr. R. D. Jagtap has given the demonstrations along with 5 students. The session was live through 'Google Meet' for all the staff members and students. This is for your kind consideration

Thank you,

Yours faithfully,



Director of Physical Education
TULJARAM CHTURCHAND COLLEGE
Baramati (Dist. Pune)

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21/6/21





मार्गदर्शक: कृते. पु. विद्यापीठ व
अनंतात एन्युकेंशन सोसायटीचे

तुळजाराम चतुरचंद महाविद्यालय, बारामती.

कला, विज्ञान व खाणिज्य
जिम्नॅझना विभाग, योग शास्त्र विभाग,
राष्ट्रीय सेवा योजना, राष्ट्रीय छात्र सेना व विद्यार्थी विकास मंडळ

योग्य संयुक्त विद्यमाने

जागतिक योगदिन
दिनांक २१ जून

योग प्रात्यक्षिक शिबीर
अध्यक्ष: विभागाध्यक्ष (तुळजाराम चतुरचंद महाविद्यालय, बारामती)