



Anekant Education Society's
TuljaramChaturchand College of Arts, Science and Commerce, Baramati
(Autonomous)

Three/Four Year Honours/ Honour with research B.A. Degree
Program in Psychology
(Faculty of Arts/ Science/Commerce/Vocational)

CBCS Syllabus
FYBA (Psychology)
For Department of Psychology

NEP-2.0
Choice Based Credit System Syllabus
(2024 Pattern)
(As Per NEP2020)

To be Implemented from Academic Year 2024-2025

Preamble

AES's Tuljaram Chaturchand College has decided to change the syllabus of various faculties from June, 2023 by taking into consideration the guidelines and provisions given in the National Education Policy (NEP), 2020. The NEP envisions making education more holistic and effective and to lay emphasis on the integration of general (academic) education, vocational education and experiential learning. The NEP introduces holistic and multidisciplinary education that would help to develop intellectual, scientific, social, physical, emotional, ethical and moral capacities of the students. The NEP 2020 envisages flexible curricular structures and learning based outcomes for the development of the students. The credit structure and the courses framework provided in the NEP are nationally accepted and internationally comparable.

The rapid changes in science and technology and new approaches in different areas of Psychology and related subjects, Board of Studies in Psychology and Yoga of Tuljaram Chaturchand College, Baramati - Pune has prepared the syllabus of FYBA Psychology Semester - I under the Choice Based Credit System (CBCS) by following the guidelines of NEP 2020, NCRF, NHEQF, Prof. R.D. Kulkarni's Report, GR of Gov. of Maharashtra dated 20th April, 16th May 2023 and 13th March, 2024 and Circular of SPPU, Pune dated 31st May 2023 and 2nd May 2024.

The revised FYBA syllabus is proposed with utmost care and consideration to maintain the continuity in the flow of information of syllabus at SYBA and TYBA levels. Considering the prerequisites of the current trends in the field of Psychology some of the modules have been upgraded and modified. The syllabus has been built with the intention of enhancing the student's skills in theoretical understanding as well as generates awareness of recent developments in the field of Psychology in India and the application of the theories. This course aims at enriching the minds of students and it has aims to develop a multidimensional understanding of the topics. It attempts to approach new areas of learning, develop competencies in the students thereby opening various avenues for self-discovery, academic understanding and employment. Students would be encouraged to develop an understanding of real-life issues and participate in the programs and practices in the social context. Use of ICT and mass media and web-based sources is highly recommended to make the teaching-learning process interactive and interesting.

Programme Specific Outcomes (PSOs)

PSO1 Students will learn the basic concepts of the field of psychology with an emphasis on application of psychology in everyday life.

PSO2. The students will be able to develop an understanding of the concept of individual differences with the goal to promote self-reflection and understanding of self and others.

PSO3.Students develop an understanding of the individual in relation to the Social world, it also introduces students to the realm of social influence as to how individuals think feel and behave in social situations.

PSO4.Students develops a sound knowledge about the psychometric tools and assessment.

PSO5.To facilitate learner to pursue career in professional areas of psychology.

PSO6.To equip the learner with an understanding of the concept and process of human Development across the lifespan.

PSO7.To develops an awareness of the concepts related to organizational behavior and also helps the students to develop connectivity between the concepts and practices of organizations.

PSO8.To develops an awareness of Psychological tools, techniques and tests.

PSO9.To learns the theoretical aspects of psychology as well as the skills, techniques and their applications.

PSO10.The students will be able to communicate efficiently psychological reports and information to concerned parties.

Anekant Education Society's
TuljaramChaturchand College of Arts, Science and Commerce, Baramati
 (Autonomous)

Board of Studies (BOS) in Psychology & Yoga

From 2022-23 To 2024-25

Sr.No	Name	Designation
1	Dr. Vijaykumar B. Shinde	Chairman
2	Dr.Shirishk.Shitole	Member (Expert From other university)
3	Dr.Rajendra R.Waman	Member (Expert from SPPU,Pune)
4	Dr.Bhupender Singh	Member (Expert From other university)
5	Mr.Sandip Shinde	Member (Representative From Industry)
6	Mrs.Smita B. Shah	Member (Meritorious Alumni)
7	Dr.Ramchandra D.Jagtap	Member
8	Dr.Jyotiram N. Awate	Member
9	Dr.Ganesh M. Dhame	Member
10	Mr.Datta V. Londhe	Member
11	Ms.Gunashree Raskar	Student Representative (Post Graduation)
12	Ms. Shriley Divekar	Student Representative (Post Graduation)
13	Mr. Prashant Taur	Student Representative (Under Graduate)
14	Ms Aishwarya Kadam	Student Representative (Under Graduate)

Course and Credit Distribution Structure for BA (Psychology)-2024-2025

Level / Difficulty	Sem	Subject DSC-1				Subject DSC-2	Subject DSC-3	GE/OE	SEC	IKS	AEC	VEC	CC	Total
4.5/100	I	4 (T)				4 (T)	4 (T)	2(T)	2 (T)	2(T) (Generic)	2(T)	2 (T)	--	22
	II	4 (T)				4 (T)	4 (T)	2(P)	2 (T)	--	2(T)	2 (T)	2 (T)	22
Exitoption: Award of UG Certificate in Major with 44 credits and an additional 4 credits core NSQF course/ Internship OR Continue with Major and Minor Continue option: Student will select one subject among the (subject 1, subject 2 and subject 3) as major and the other as minor and third subject will be dropped.														
Level / Difficulty	Sem	Credits Related to Major				Minor	--	GE/OE	SEC	IKS	AEC	VEC	CC	Total
		Major Core	Major Elective	VSC	FP/OJT/CEP/ RP									
5.0/200	III	6 (T)	--	2 (T)	2(FP)	4 (T)	--	2(T)	--	2(T)	--	2 (T)	22	
	IV	6 (T)	--	2 (T)	2(CEP)	4 (T)	--	2(T)	2 (T)	--	2(T)	--	2 (T)	22
Exitoption: Award of UG Diploma in Major and Minor with 88 credits and an additional 4 credits core NSQF course/ Internship OR Continue with Major and Minor														
5.5/300	V	12 (T)	4 (T)	2 (T)	2(FP/CEP)	2(T)	--	--	--	--	--	--	22	
	VI	12 (T)	4 (T)	2 (T)	4 (OJT)	--	--	--	--	--	--	--	22	
Total 3 Years		44	8	8	10	18	8	8	6	4	8	4	6	132
Exitoption: Award of UG Degree in Major with 132 credits OR Continue with Major and Minor														
6.0/400	VII	10 (T)	4 (T)	--	4(RP)	4(RM)(T)	--	--	--	--	--	--	22	
	VIII	10 (T)	4 (T)	--	6 (RP)	--	--	--	--	--	--	--	22	
Total 4 Years		64	16	8	22	22	8	8	6	4	8	4	6	176
Four Year UG Honours with Research Degree in Major and Minor with 176 credits														
6.0/400	VII	14 (T)	4 (T)	--	--	4(RM) (T)	--	--	--	--	--	--	22	
	VIII	14 (T)	4 (T)	--	4 (OJT)	--	--	--	--	--	--	--	22	
Total 4 Years		72	16	8	14	22	8	8	6	4	8	4	6	176
Four Year UG Honours Degree in Major and Minor with 176 credits														
<p>T = Theory P = Practical DSC = Discipline Specific Course OE = Open Elective SEC = Skill Enhancement Course</p> <p>IKS = Indian Knowledge System AEC = Ability Enhancement Course VEC = Value Education Course CC = Co-curricular Course</p> <p>VSC= Vocational Skill Course OJT= On Job Training CEP= Community Engagement Project FP= Field Project RP= Research Project</p>														

F.Y.B.A. Psychology
NEP-2.0

Course Structure for F.Y.B.A. Psychology (2024 Pattern)

Sem	Course Type	Course Code	Course Title	Theory / Practical	Credits
I	DSC-I (General)	-101-GEN	-----	Theory	04
	DSC-II (General)	-101-GEN	-----	Theory	04
	DSC-III(General)	PSY-101-GEN	Foundation of Psychology	Theory	04
	Open Elective (OE)	PSY-102-OE	Personality Development	Theory	02
	Skill Enhancement Course (SEC)	PSY-103-SEC	Health Promotion Life Skills	Theory	02
	Ability Enhancement Course (AEC)	ENG-104-AEC	----	Theory	02
	Value Education Course (VEC)	GEO-105-VEC/ SOC-104-VEC	-----	Theory	02
	Generic Indian Knowledge System (GIKS)	GEN-106-IKS	-----	Theory	02
	Total Credits				
II	DSC-I (General)	-151-GEN	----	Theory	04
	DSC-II (General)	-151-GEN	----	Theory	04
	DSC-III (General)	PSY-151-GEN	Basics of Psychology	Theory	04
	Open Elective (OE)	PSY-152-OE	Understanding of Self	Theory	02
	Skill Enhancement Course (SEC)	PSY-153-SEC	Communications skills	Theory	02
	Ability Enhancement Course (AEC)	ENG-154-AEC	----	Theory	02
	Value Education Course (VEC)	GEO-155-VEC SOC-154-VEC	----	Theory	02
	CC	YOG/PES/CUL/N SS/NCC-156-CC	To be selected from the CC Basket	Theory	02
	Total Credits				
Grand Total Sem I + Sem II					44

**CBSC Syllabus as per NEP 2020 Course Structure for F. Y. B.A. Psychology
(2024 Pattern)**

Name of the Programme	: B.A. Psychology
Program Code	: UAPSY
Class	: F.Y.B.A.
Semester	: II
Course Type	: DSC-I (General Theory)
Course Name	: Basics of Psychology
Course Code	: UAPSY- 151- GEN
No. of Credits	: 4
No. of Teaching Hours	: 60

Course Objectives

- 1) Understand the basic psychological processes and their applications in day to day life.
- 2) Develop the ability to evaluate cognitive processes, learning and memory of an individual.
- 3) Understand the importance of motivation and emotion of the individual.
- 4) Understand the personality and intelligence of the individuals by developing their psychological processes and abstract potentials.
- 5) To aim to create the awareness of Conscious Level.
- 6) To understand the Types of Emotions and importance of Human life.
- 7) To know more about motivations and its cycle.

Course Outcomes

After Completion of this Course Students Will Gain.

- CO1 Students will understand the Basics of Psychology.
- CO2. Ability of Cognitive Functions will be improved.
- CO3. Students will know more about his/her own emotions and motivations to deal with life Challenges.
- CO4. Students will be Able to understand the level of Consciousness.
- CO5. Will gain how biological Factors are affecting on Thought, Emotions and Behaviour.
- CO6. Students Will Understand the Role of Psychologist in Day today life.
- CO7. Will Learn How to Solve the Motivational Conflicts in day to day Life.

Topics & Learning Points**Unit-I Learning****(15Lectures)**

- 1.1 Definition, nature and types of Learning
- 1.2 Classical and Operant Conditioning
- 1.3 Cognitive approaches
- 1.4 Types of Reinforcement
- 1.5 Application–Importance of Reinforcement and Punishment in everyday life

Unit-II Memory**(15Lectures)**

- 2.1 Definition and Types of Memory
- 2.2 Forgetting and its causes
- 2.3 Distortions of Memory
- 2.4 How to improve memory
- 2.5. Biological Basis of Memory

Unit-III Consciousness**(15Lectures)**

- 3.1 Sensation and Perceptual Process
- 3.2 Attention-Definition, nature and Determinants of Attention
- 3.3 Cycle and stages of sleep
- 3.4 Dream and its types
- 3.5 Application: Improving quality of sleep

Unit-IV Intelligence**(15Lectures)**

- 4.1 Definition and basic concept
- 4.2 Theories of Intelligence (Spearman, Guilford, Sternberg)
- 4.3 Intellectual Disabled: types, causes and precautions/ Prevention
- 4.4 Assessment: (Bhatia, Malins's, S.P.M.)
- 4.5 Application: Importance of Artificial Intelligence

References:

1. Baron, R.A. and Mishra, G. (2015). *Psychology. 5th Edition*; Indian Subcontinent Edition. Pearson India Education Services Pvt.ltd.
2. Ciccarelli, S. K., White, J. N., & Mishra, G. (2018). *Psychology.5th Edition*; Indian Adaptation. Pearson India Education Services Pvt. Ltd.
3. Ciccarelli, S. K., & White, J. N. (2017). *Psychology. 4thedi*. New Jersey: Pearson education
4. Coon, Dennis & Mitterer, John O., (2010) *Introduction to psychology: Gateways to mind and behavior. (12th ed.)Belmont*. Wadsworth Publishing Company.
5. Feist, G.J, & Rosenberg, E.L. (2010). *Psychology: Making connections*. New York: McGraw Hill publications
6. Feldman, R.S. (2013). *Understanding Psychology.11thedi*. New York: McGraw Hill publications
7. Kalat, James W., (2015) *Biological psychology. (11th ed.)* Delhi. Cengage Learning India Private Limited.
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10. Wood, Samuel E., Wood, Ellen Green & Boyd, Denise, (2011). *The world of psychology. (7th ed.)* Boston. Allyn and Bacon, Inc.
11. Abhyankar, S., Oak, A., &Golvilkar, S., (2014). *Manasashashtra: Vartanache Shastra*. Dorling Kindersley (India) Pvt. Ltd.
12. Badgujar, Bachhav, & Shinde (2001). *Samanya manasashastra*. Nashik: Swayambhu Prakashan.
13. Inamdar, Gadekar & Patil (2006). *Adhunikmanasashastra*. Pune: Diamond Publication.
14. Pandit, Kulkarni & Gore (1999). *Samanya manasashastra*. Nagpur: PimpalapurPrakashan
15. मुंदडा आणि खलाणे (2013) *प्रगत सामान्य मानसशास्त्र*, अथर्व पब्लिकेशन, धुळे

Mapping of Programme out come with course outcome

Class: F.Y.B.A.

Subject: Psychology

Course: Basics of Psychology

Course Code: UAPSY-151-GEN

Weight age: 1= weak or low relation, 2= moderate or partial relation, 3= strong or direct relation

Course Outcomes	Programme Outcomes (PO'S)									
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	3	3								
CO2	3									
CO3	2			2						
CO4	3									3
CO5	2	2			3					
CO6	2	3	1			2		2		
CO7	3	3					3		2	2

Mapping and justification of Program Outcomes (PO) with Course Outcomes (CO)

PO1 Critical Thinking and creative thinking: CO2 Cognitive Functions, CO5 Biological Factors

Psychology helps students analyze and synthesize complex ideas (PO1) by improving cognitive functions and understanding biological factors affecting thoughts, emotions, and behavior (CO2, CO5).

PO2 Effective Communication: CO1 Basics of Psychology, CO6 Role of Psychologist

Understanding psychology basics (CO1) and the role of psychologists in daily life (CO6) enhances effective communication skills (PO2) by providing a deeper understanding of human behavior and thought processes.

PO3 Cultural Understanding: While cultural understanding is not explicitly covered in the course outcomes, psychology inherently involves studying human behavior across cultures, fostering cultural appreciation indirectly.

PO4 Creative Expression: Creative expression is not directly addressed in the course outcomes; however, a deep understanding of one's emotions and motivations (CO3) can contribute to creativity indirectly.

PO5 Research Skills: CO5 Biological Factors

Research skills (PO5) are reinforced by understanding how biological factors influence thoughts, emotions, and behavior (CO5), providing students with the ability to gather and interpret information effectively.

PO6 Ethical Awareness: Ethical awareness and integrity (PO6) are not explicitly addressed in the course outcomes, but the study of psychology inherently involves discussions on ethical considerations in research and practice.

PO7 Problem-solving Abilities: CO7 Motivational Conflicts

Understanding motivational conflicts (CO7) enables graduates to address complex challenges (PO7) by

employing innovative and interdisciplinary approaches to problem-solving.

PO8 Collaboration and Teamwork: Collaboration and teamwork (PO8) are not directly addressed in the course outcomes, but psychology often involves group work and discussions, fostering collaborative skills indirectly.

PO9 Adaptability and Lifelong Learning: While adaptability and lifelong learning (PO9) are not explicitly mentioned in the course outcomes, psychology encourages critical thinking and continuous learning, contributing to adaptability indirectly.

PO10 Social Responsibility: Social responsibility (PO10) is not directly addressed in the course outcomes, but psychology can equip students with empathy and understanding, motivating them to engage with social issues.

**CBSC Syllabus as per NEP 2020 Course Structure for F. Y. B.A. Psychology
(2024Pattern)**

Name of the Programme	: B.A. Psychology
Program Code	: UAPSY
Class	: F.Y.B.A.
Semester	: II
Course Type	: Open Elective (Theory)
Course Name	: Understanding of Self
Course Code	: UAPSY -152-OE
No. of Credits	: 02
No. of Teaching Hours	: 30

Course Objectives

1. To Understand and analyze self, increase self-concept and self-esteem.
2. To Understand Self and the process of self-exploration
3. To Understand Learning strategies for development of a healthy self esteem
4. To Acquire knowledge about Self-Competency
5. To Learn Strategies for developing Self-Esteem
6. To attain knowledge of effective management of emotions and building interpersonal competence.
7. To Understand the use and implementation of Emotional Intelligence at workplace

Course Outcomes

After completion of this course the students will be able to

CO1.Understand and analyze self, increase self-concept and self-esteem.

CO2. Understand self and the process of self-exploration.

CO3.Understand Learning strategies for development of a healthy self-esteem.

CO4. Acquire knowledge about Self-Competency.

CO5.Learn Strategies for developing Self-Esteem.

CO6.Gain knowledge of Effective management of emotions and building interpersonal competence.

CO7.Understand the use and implementation of Emotional Intelligence at workplace.

Topics & Learning Points

Unit-I Understanding Self

(10 Lectures)

- 1.1 Components & Dimension of Self
- 1.2 Formation of self-concept
- 1.3 Self-Competency

Unit-2: Self-Esteem: Sense of Worth

(10 Lectures)

- 2.1 Meaning and Nature of Self Esteem
- 2.2 Characteristics of High and Low Self Esteem
- 2.3 Strategies for developing Self-Esteem

Unit-3: Emotional Intelligence

(10 Lectures)

- 3.1 Introduction to EI
- 3.2 Relevance of EI at workplace
- 3.3 Self-assessment, analysis and action plan

References:-

1. Baron, R.A. and Mishra, G. (2015). *Psychology*. 5th Edition; Indian Subcontinent Edition. Pearson India Education Services Pvt.Ltd.
2. Ciccarelli, S.K., White, J.N., & Mishra, G. (2018). *Psychology*. 5th Edition; Indian Adaptation. Pearson India Education Services Pvt. Ltd.
3. Ciccarelli, S.K., & White, J. N. (2007). *Psychology*. 4th Edition. New Jersey: Pearson Education.
4. Feldman, R.S. (2013). *Understanding Psychology*. 11th Edition. New York: McGraw Hill publications.
5. Kalat, James W., (2015). *Biological Psychology*. (11th ed.). Delhi. Cengage Learning India Pvt.Ltd.
6. Morgan, C. T., King, R. A., Weisz, J.R. and Schopler, j. (1986). *Introduction psychology*. McGraw-Hill Book Co.
7. Abhyankar, S., Oak, A., & Golvilkar, Ss., (2014). *Manasashashtra Vartanache Shastra*. Dorling Kindersley (India) Pvt.Ltd.
8. Badgujar, Bachhav, & Shinde (2001). *Samanya manasashashtra*. Nashik: Swayambhu Prakashan.
9. Pandit, Kulkarni & Gore (1999). *Samanya manasashastra*. Nagpur: Pimpalpure Prakashan.
10. Inamdar, Gadekar & Patil (2006). *Adhunik manasashastra*. Pune: Diamond Publication.
11. Covey Stephen (2004). *The 7 habits of highly effective people*. Franklin Covey Co.
12. Hurlock Elizabeth (1988). *Personality Development*, McGraw Hill.
13. Natu, S.A, (2021). *Personality Development, Revised Edition*, Nirali Prakashan, Pune.

Mapping of Program Outcomes with Course Outcomes

Class: FYBA (Semester- II)

Subject: Psychology

Course: Understanding of Self

Course Code: UAPSY-152-OE

*Weightage: 1= weak or low relation, 2= moderate or partial relation, 3= strong or direct relation

Programme Outcomes (POs)										
Course Outcomes	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO7	PO8	PO9	PO10
CO 1	3	3		3	3			3		2
CO 2	2									
CO 3	3			3		3			3	
CO 4	2			3				3		
CO 5	3							2		
CO 6		2	3		2	3	3			3
CO 7		3	3				3		2	3

Justification for the Mapping

PO1: Critical and Creative Thinking

CO1: Requires critical self-reflection and creative strategies for self-improvement.

CO2: Involves critical thinking about personal experiences and creative self-exploration techniques.

CO3: Developing effective learning strategies involves both critical and creative thinking.

CO4: Understanding and enhancing self-competency requires critical analysis and creative approaches.

CO5: Involves creative and critical thinking to identify and apply effective strategies.

PO2: Communication Skill

CO1: Improved self-concept enhances communication skills.

CO6: Managing emotions and interpersonal skills are fundamental to effective communication.

CO7: Emotional intelligence significantly impacts communication in professional settings.

PO3: Multicultural Competence

CO6: Effective emotional management and interpersonal skills are crucial in multicultural settings.

CO7: Emotional intelligence helps navigate diverse cultural environments.

PO4: Research Skills

CO3: Developing learning strategies often involves researching various methods and theories.

CO4: Gaining knowledge about self-competency can involve research into best practices and theories.

PO5: Environmental Awareness

CO1: Self-awareness includes understanding one's impact on the environment.

CO6: Effective management of emotions can include understanding environmental influences.

PO6: Problem-solving Abilities

CO3: Addressing issues related to self-esteem involves problem-solving.

CO6: Managing emotions and interpersonal competence involves solving personal and interpersonal problems.

PO7: Collaboration and Teamwork

CO6: These skills are crucial for successful teamwork.

CO7: Emotional intelligence is essential for effective collaboration and teamwork.

PO8: Value Inculcation

CO1: Self-awareness and self-esteem are foundational for personal values.

CO4: Understanding self-competency involves reflecting on personal values.

CO5: Developing self-esteem involves internalizing positive values.

PO9: Digital and Technological Skills

CO3: Utilizing digital tools for self-improvement and learning strategies.

CO7: Digital tools can aid in developing and applying emotional intelligence.

PO10: Community Engagement and Service

CO1: A strong self-concept and self-esteem can enhance community engagement.

CO6: Effective emotional management and interpersonal skills are essential for community service.

CO7: Emotional intelligence fosters better community and workplace relationships.

**CBCS Syllabus as per NEP 2020 Course Structure for F. Y. B.A. Psychology
(2024Pattern)**

Name of the Programme	: B.A. Psychology
Program Code	: UAPSY
Class	: F.Y.B.A.
Semester	: II
Course Type	: Skill Enhancement Course (SEC Theory)
Course Name	: Communications Skills
Course Code	: UAPSY -153-SEC
No. of Credits	: 2
No. of Teaching Hours	: 30

Course Objectives:

1. To develop Interpersonal Communication Skills.
2. To navigate Digital Communication and social media
3. To identify and address common communication barriers and challenges.
4. To demonstrate active listening and empathetic communication skills in interpersonal interactions.
5. To describe and use principles of verbal, non-verbal and emotional communications.
6. To demonstrate the uses of different channels of nonverbal communication.
7. To apply the strategies for impression formation and impression management.

Course Outcome:

After the completion of this course students will be able to:

CO1. Develop Interpersonal Communication Skills.

CO2. Navigate Digital Communication and Social Media.

CO3. Identify and address common communication barriers and challenges.

CO4. Demonstrate active listening and empathetic communication skills in interpersonal interactions.

CO5. Describe and use principles of verbal, non-verbal and emotional communications.

CO6. Demonstrate the uses of different channels of nonverbal communication.

CO7. Apply the strategies for impression formation and impression management.

Topics & Learning Points**Unit-I Introduction to Interpersonal Communication (10 Lectures)**

- 1.1 The Nature and Elements of Interpersonal Communication
- 1.2 Principles of Communication: Verbal message, Non-verbal message, Emotional Message
- 1.3 Barriers of Communication

Unit-II Listening and Empathetic Skills (10 Lectures)

- 2.1 The art of active listening
- 2.3 Empathy and its role in relationships.
- 2.4 Improving listening skills

Unit-III Art of Effective Communication (10 Lectures)

- 3.1 Digital communication and social media-Effective use of multimedia tools
- 3.2 Guidelines for Using Verbal Messages Effectively & Emotional Competence
- 3.3 Impression Formation & Impression Management: Goals and Strategies

References:

1. Barker, A. (2010). Improve your Communication Skills. New Delhi: Kogan Page Limited.
2. Baron R, Byrne D, Branscombe N. (2014). Social Psychology, 13th edition, Pearson Publication, New Delhi.
3. DeVito, J. A. (2016). The Interpersonal Communication Book (14th Ed). New York: Pearson Education Limited.
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6. Goleman, D. (2006). Emotional intelligence: Why it can matter more than IQ. Bantam Books.
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8. Hayes, J. (2002). Interpersonal Skills at Work, USA, Routledge

Mapping of Program Outcomes with Course Outcomes

Class: FYBA (Semester- II)

Subject: Psychology

Course: Communication Skills

Course Code: UAPSY -153- SEC

*Weightage: 1= weak or low relation, 2= moderate or partial relation, 3= strong or direct relation

Programme Outcomes (POs)										
Course Outcomes	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO7	PO8	PO9	PO10
CO 1	3	3					3			
CO 2		3							3	3
CO 3	2	3		3		3				
CO 4		2					2	3		
CO 5		3	3		3					
CO 6		1	3							3
CO 7	3	2					3			

Justification for the Mapping

PO1: Critical and Creative Thinking

CO1: Interpersonal communication often requires critical thinking to understand and respond appropriately.

CO3: Critical thinking is essential for identifying and overcoming communication barriers.

CO7: This involves creatively managing impressions to positively influence others.

PO2: Communication Skill

CO1: Directly enhances overall communication skills.

CO2: Effective digital communication is a crucial component of modern communication skills.

CO3: Improving communication skills by addressing barriers.

CO4: Fundamental to effective communication.

CO5: Enhances understanding and application of diverse communication forms.

CO6: Expands the breadth of communication skills.

CO7: Effective communication involves managing impressions.

PO3: Multicultural Competence

CO5: Understanding diverse communication styles enhances multicultural competence.

CO6: Recognizing and using diverse nonverbal cues is crucial for interacting in multicultural settings.

PO4: Research Skills

CO3: Researching communication barriers involves critical research skills.

PO5: Environmental Awareness

CO5: Awareness of the environmental context in communication enhances effectiveness.

PO6: Problem-solving Abilities

CO3: Addressing communication challenges involves problem-solving skills.

PO7: Collaboration and Teamwork

CO1: Essential for effective teamwork.

CO4: Active listening and empathy are critical for teamwork.

CO7: Positive impression management facilitates better teamwork.

PO8: Value Inculcation

CO4: Empathy in communication reflects values of respect and understanding.

PO9: Digital and Technological Skills

CO2: Directly addresses digital communication competencies.

PO10: Community Engagement and Service

CO2: Effective digital communication is vital for community engagement.

CO6: Understanding and using nonverbal communication can enhance community interactions.