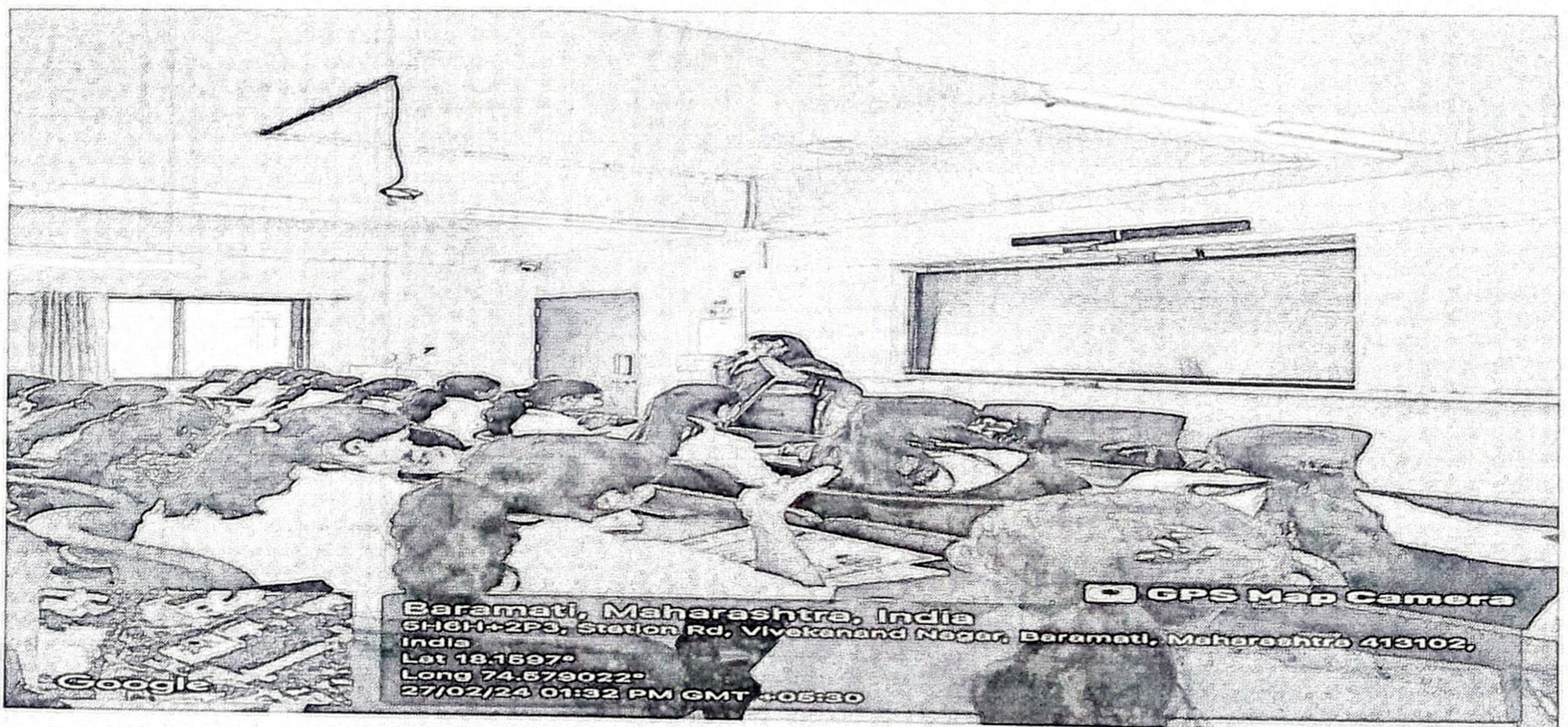


Workshop on "Be a Stress Smart"

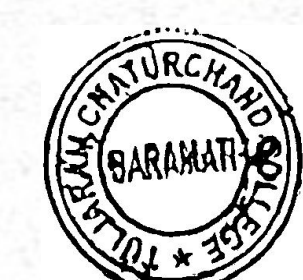
Date- 27 Feb 2024



Honouring the knowledge and wisdom shared by workshop of Mrs. Smita Shah as she is felicitated by Prof. Deepali Chavan (Head, Dept of BBA).A moment of gratitude and appreciation.



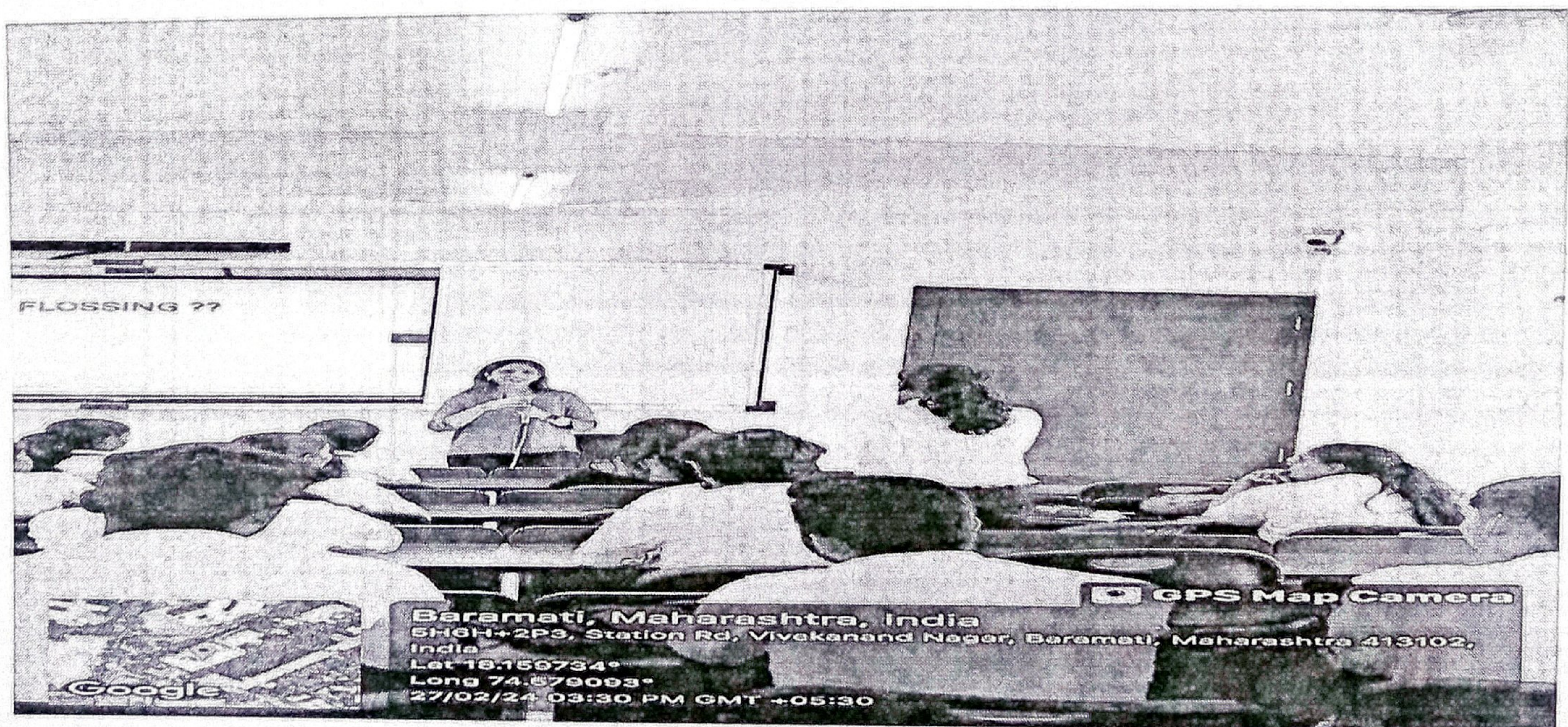
Mrs. Smita Shah teaching students different techniques for stress management, different meditation activities was conducted by her to manage stress.



Workshop on “Smile Brighter, Live Better”



Honouring the knowledge and wisdom shared by workshop of Dr. Ruhi Shah as she is felicitated by Prof. Deepali Chavan (Head, Dept of BBA). A moment of gratitude and appreciation.



Dr. Ruhi Shah explaining importance of Oral and Physical health and engages students in an enlightening Q & A session.

