Anekant Education Society's

Tuljaram Chaturchand College, Baramati (Autonomous)

Department of Chemistry

5.1.3 Table List of activities organized for Capacity development and skills enhancement and improving students' capability. (Academic Year 2022-23).

Sr. No.	Type of capacity: Soft skills/ Language and communication skills/ Life skills (Yoga, physical fitness, health and hygiene, self-employment and entrepreneurial skills/ Awareness of trends in technology	Date of Activity	Name of beneficiary Students	Class	Contact No.
1	Yoga	01/02/2023	List is attached	M.Sc-II	On list
2	Interview Skills	01/04/2023	List is attached	M.Sc-II	On list

<u>Documents:</u> Notice, Attendance, Geotag-photo with caption Feedback, Certificates if issued Report of activity etc.

Head,
Department of Chemistry
Tuljaram Chaturchand College
Baramati (Dist.Pune)

Report

Department of chemistry

Date 24/03/2023

To, The Principal,

Tuljaram Chaturchand College, Baramati.

Subject: One day workshop on "Training on interview skills development" in association with

Board of student development SPPU.

Respected Sir,

With your prior permission, One day workshop on "Training on interview skills development" in

association with Board of student development SPPU. was conducted on 23rd February, 2023.

For this workshop total 104 students from M.Sc. II (Organic, Inorganic, Analytical) chemistry

were present. Dr. Suhas Raut and Dr. Pravin Yadav were the resource persons.

In his talk Dr. Suhas Raut explained about how to write a good resume and ethics and

behaviour during interview. Second speaker Dr.Pravin Yadav explained about building

confidence, panel structure, and communication skills.

We hope that this will help our students for in their curriculum and carrier.

This report is for your kind information.

PG Coordinator

Bundre

Dr. R.S.Bhondwe

Mark .

DEPARTMENT OF CHEMISTRY
Tuljaram Chaturchand College
Baramati (Dist. Pune)



Speaker Dr. Yadhav



Lecture by Dr. Raut

Organic Chemistry

Anekant Education Society's Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati

(Autonomous) (2022-23)

Session I

One Day Workshop on Yoga Attendance Sheet

	Sr.	Roll No	Class	Specialization	Name of student	Sign
	1) 1	16196	MSCIL	o eg. chem	khatankae P.R.	DEAN
	2)			Org. chem.	Metakari A.D.	metakani
	3)		MSC-II	org. chem	Kale V.K.	Madel
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	11)	16193	MSC-II	org. Chem.	Shendkar P. T.	Mudz.
	12)	16198	msc -II M.Sc-II	Org. Chem.	Pise Amil balu Satar S. S.	ALLA
	13)	16146	MSCI	Org. Chem	Shinde Rabul Mahavit	Stales
	15)	16142	MSC-TI	Organic chemist	m Mulani Archad Shamshuddir	
	16>	16190	M.Sc. II	organic chem.	Narale sachin Hanuma	
	17)	16154	M.ScI		Zinjurate Kiran P.	Zite
	18)		Mec-II		Kapare Ranjit Ravindra	श्कियो
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Chemistry

Anekant Education Society's Anekant Education Society s Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati (Autonomous)

(2022-23)

Sessim T (2022-23) One Day Workshop on Yoga Attendance Sheet

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3.	16196	MSCIL	organic chem	Khatoricae T	7-
4.	16184	MSC II	organic chem	Fugare Nisha Gorakn	Branchey
5.	16183	MScII	org. chem.	Pandham P. P.	1 circe as
6.	1644	MSC-JI	Org. chem.	Metakari A.D.	Gretakari .
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14)	16148	MS(-I	079	Shinde Rahal Mahavir	Sternt.
15)	16142	MSc -II	Organic chemisty	Mulani Arshad Shamshuddin	Adam
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Organic Chemistry

Anekant Education Society's Anckant Education Society 8
Luljaram Chaturchand College of Arts, Science and Commerce, Baramati (Autonomous)

Sessim Tone Day Workshop on Yoga Attendance Sheet

Sr. No	Roll No	Class	Specialization	Name of student	Sign
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2.	16180	MSC-IL	organic chem.	Kale Varsha Khandu	SEAN!
g.	16196	MSCIL	organic chem	Khatovleas Fire	
4.	16184	MSC II	organic chem		Mugazee
5.	16183	MSCII	org. chem.	Pandhami P. P.	Brancher
6.	16 44	MSC-II	Org. chem	Metakari A.D.	Bretakan
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11	16163	MSC-12	org chem	Kale G. S	0 1
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14)	16148	MS(-I	029:	Shinde Rahul Mahavir	Chernet.
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01/02/23. Analytical Chemistry

Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
(Autonomous)

session 1

(2022-23)

One Day Workshop on Yoga Attendance Sheet

				Attendance	Sheet	
Sr		Roll No	Class	Specialization	Name of student	Sign
1)		16468	MSC II	Analytical	Bhaite Pooja Sanjay	Philips.
2)		16504	MSCII	Analytical	Congidane Prashant	Pharande
3		16505	MScII	Analytical	Pharande Prachi K	ANIO!
1	1)	16462	MiscII	Analytical	Sirsat Tejasvi. B Bhosale and H. G.	Asch.
	5)	16503	M-SCII	1 11	Paraskoe Mayuri-R.	1X FTURE
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	6)	16467	M,ScTI	- Amain Acon		ahor Barral
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Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
(Autonomous)

Session FT

(2022-23)

One Day Workshop on Yoga Attendance Sheet

Sr. No	Roll No	Class	Specialization	Name of student	Sign
1)	16472	Msc-II	Anulytical.	Tekowade Bhoyyashnes	Baracel
2)	16474		Analytical	Latkar Akahada Dnyaneshu	or- Water
(8	16473	MSC-T	Analytical	Salunke Akshada Suzesh	North P
4)	16463	INSC-II		10 kharde chailarahi. H	Chailmale!
5)	16503	MSCना	11	Bhosole Aditi G	Abhorate.
6)	16462	MSC-II	- / (-	Shiosof Tejasvi. B	ES josvins
7]	16471	MSC-II	Analytical	Gaikwad Sonali B.	
E)	16468	MSCII	Anaiytical	Bhoite Proje Sanja	
9]	16504	MSC-II	Analytical	Pharande Prachi.K.	Phurande
10]	16505	MSC-II	Analytical	Panaskar Mayuri R	Acak
凹	16515	MISC-II	Analytical	Jadhav Akanksha.s:	The state of the s
12)	16506	MSC-II	Analytical	mulik shraddha se	mulis
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Inorganic Chemistry

Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati
(Autonomous)

(2022-23)

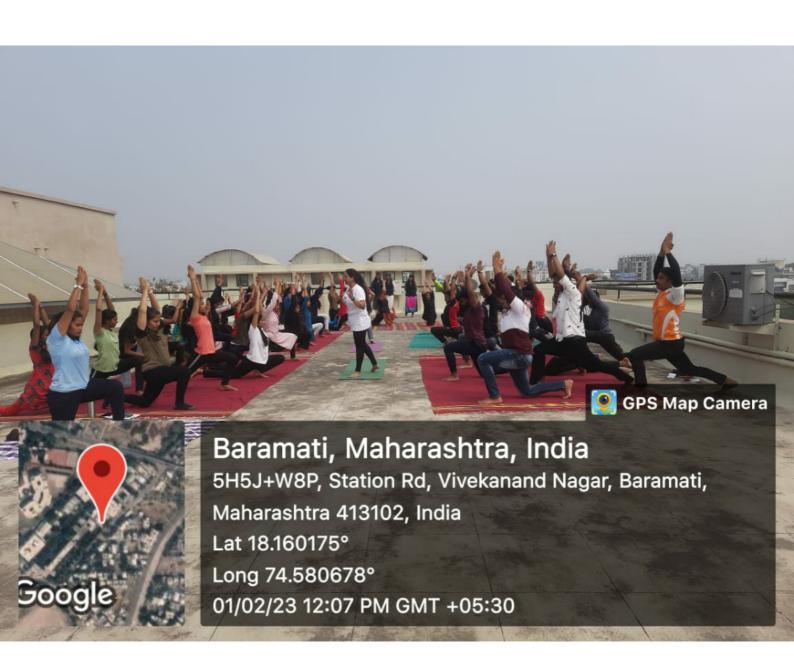
Session I

One Day Workshop on Yoga Attendance Sheet

Date: 01st February 2023

Sr. No	Roll No	Class	Specialization	Name of student	Sign
1	16326	MSC-I	Thorganic Chemistry		Age
2	16316	MSC-II	Inorgo chemo	Bhoste Komal N.	Remok
3	16346	Msc-11	Inorg chem	Sourcent Foolyouri K	Smurtek_
4	16319	MSc-II	Inorg chem	Jawale Repali	Houxale
€_	16820	MISCI	Inorg chem	kule Damini	Dearle.
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Total students= 147



Yoga Training



Yoga training by Punam Thorat

Anckant Education Society's Tuljaram Chaturchand College of Arts, Commerce & Science Baramati, Dist. Pune (Autonomous) DEPARTMENT OF CHEMISTRY

One Day workshop on "Yoga"

Date: 1st February 2023	Time 11.00am Onwards
	FEEDBACK FORM
Name of student Class	Ms. Pharande Prachi Kartilai Msc. II (Analytical Chemistry)
Please express your view r	regarding following points:
1. Your opinion abou	t the topic
our guest in daily	to teach roga. It is very useful life for youth people and student
the Qu	workshop: ny useful workshop lest teacher conducted well workshop
3. Suggestions if any:	
No	
	Or mode:

Signature

Report

Department of Chemistry,

Date: 04 /02 /2023

To.

The Principal,

Tuljaram Chaturchand College, Baramati

Subject: One Day Workshop on "Yoga" under the RUSA Scheme.

Respected Sir,

With your prior permission, One day workshop on Yoga was conducted on 1st February 2023 under the RUSA scheme. For this workshop total 104 students from M. Sc. II (Organic, Inorganic and Analytical) memistry were present. Mrs. Punam Thorat and Mrs. Pallavi Ovhal from Arogyam yoga and therapy centre, Chinchwad, Pune were the resource persons.

The workshop was divided into two sessions. It was conducted on terrace of conventional centre building. In first session, the two resource persons demonstrated the important yog-asanas for healthy life of students. All students and some faculty members were participated in this session.

The second session was conducted in auditorium hall (Administrative building). In this session Mrs. Pallavi Ovhal and Mrs. Punam Thorat guided our student about following topics:

- 1) Stress Management
- 2) How to improve memory of students
- 3) Importance of yoga in day to day life for young generation.

Along with this they explain and demonstrate importance of Laughter yoga (hasya yoga) and some brain boosting and strong memory building exercises such as hakini mudra and anguli sanchalana. We hope that this ill help our student in their day to day life.

Dr. N. C. Dige welcomes the guest. Ms. F.H. Shaikh introduce of guest. The felicitation of resource person was done by our HOD Dr. S.R.Kale. Dr. S.R. Kale convey the introductory speech and Dr. R.S. Bhondwe deliver the vote of thanks. All faculty members also joined the programme,

This report is for your kind information. Bundwe.

Dr. N. C. Dige

Workshop Coordinator

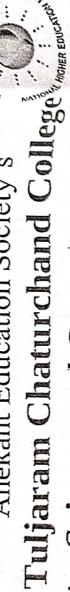
Dr. R.S. Bhondwe

PG Coordinator

Under PUSIA Head, Dept of Chemistry
Plant 131217023



Anekant Education Society's





of Arts, Science and Commerce, Baramati.

(Autonomous)

NAAC Reaccredited A+, CGPA 3.55, Religious Minority Institute, ISO 21001-2018 Certified, Educational Organisation Management System, Green Education Campus Environmental Management System, Gender Equality, Energy Management System.

Best College Awarded-SPPU, Best Principal Awarded-SpPU.

Somet

One Day Workshop on YOGA Departion of Chemistry Certificate Organized By

...... has actively participated in one day workshop on "Yoga" Organized by Department of Chemistry, Tuljaram Chaturchand College of Arts, Science and Commerce, Baramati. In association with Rashtriya Uchchatar Shiksha Abhiyan (RUSA) held on 01st February, 2023. This is certify that, Mr./Miss.

The Late

Workshop Coordinator Dr. N. C. Dige

Spart Golo.

Department of Chemistry Prof. S. R. Kale

RUSA Coordinator Dr. R. T. Sapkal (College)

Dr. C. V. Murumkar Principal