



Prof. Dr. Avinash S. Jagtap
M.Sc. Ph.D.
PRINCIPAL

E-mail : principal.tccollege@gmail.com

॥ सिद्धिरनेकान्तात् ॥

Anekant Education Society's

TULJARAM CHATURCHAND COLLEGE

of Arts, Science and Commerce, Baramati - 413102.

Dist. Pune. Maharashtra, India.

Empowered Autonomous Status

Religious Minority Institute

NAAC Reaccredited 'A+' Grade, CGPA 3.55

NAAC-SSR

Cycle IV

2019 - 2024

Criterion VII: - Institutional Values and Best Practices

7.2.1
Q1M

Best Practice-II Women Empowerment

MEDICAL CHECKUP CAMP FOR WOMEN

Department of Microbiology in association with *Niramaya* Foundation, Baramati
Azadi Ka Amrit Mahotsav 6-7/01/2022

The Microbiology department of the college organized a free medical check-up camp for all women that included teachers, non teaching staff on the occasion of *Azadi ka Amrit Mahotsav* on 6th & 7th January 2022. The camp was organized in collaboration with *Niramaya* Foundation, Baramati. The camp was organized with the aim of providing preventive healthcare services to the women in an efficient manner. For this medical checkup camp, around 103 females including staff members enrolled their names & benefited by health checkup. In this camp, general consultation, blood sugar test, Hemoglobin level, BMI, weight management and nutritional counseling were offered by expert team of *Niramaya* Foundation Baramati For smooth conduction of health check up camp, Dr. Sunil Pawar, HoD Microbiology department and faculty teachers took special efforts. This camp was held from 10 am to 4.30 pm for all females on 6th & 7th January 2022.



Free Medical Check-up of faculty teachers on 6th January 2022

Website-www.tccollege.org

Contact-02112-222405/223635

Photographs of Medical Checkup Camp for Women
Azadi ka Amrit Mahotsav 2021-22



Dr. Ranjana Nemade undergoing health check up by Niramaya Foundation Team



Felicitation of support staff by Principal Dr. C.V. Murumkar



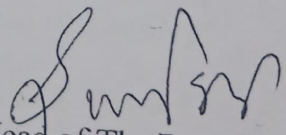
Report 'Health Awareness Workshop'

Department of Microbiology, Tuljaram Chaturchand college had organised a workshop 'HEALTH AWARENESS WORKSHOP' under the Aegis of RUSA, New Delhi, under women empowerment activity for the all teaching as well as non-teaching ladies staff members of Tuljaram Chaturchand College, Baramati. This workshop was conducted from 6th to 7th Jan, 2022 in collaboration with Niramay Medical foundation and Research Centre, Baramati.

This workshop was organised on the auspicious occasion of 75th Anniversary of India's Independence (Azadi Ka Amrit Mahotsav) under women empowerment activity with the aim of creating awareness regarding the health amongst the all ladies staff members of Tuljaram Chaturchand College, Baramati.

This two days workshop was inaugurated by Hon. Principal Dr C V Murumkar and senior staff member Dr Ranjana Nemade on 6th Jan, 2022 at 10.30 am. This workshop was organised at the Library hall of Tuljaram Chaturchand College, Baramati, where total 103 staff members have participated in.

Under this workshop to create health awareness some of the blood tests of the staff members were done via Hemogram, Random Blood Sugar and Thyroid test (TSH) blood tests were done on 6th and 7th Jan, from 11.00 am to 4.00 pm. Total 103 female staff members have participated in it. This workshop was very useful for all the participants to improve their knowledge and become aware towards the health.


Head of The Dept.
Dr. S. T. Pawar



Dr. Sunil T. Pawar

Head, Department of Microbiology

Date: 29th December 2021

To,

The Principal

Tuljaram Chaturchand College, Baramati

Subject: Permission to arrange health awareness workshop for teaching and non teaching ladies staff

Respected Sir,

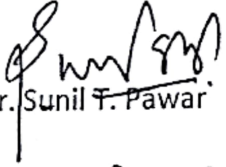
As our nation is commemorating the 75th Anniversary of India's Independence under the banner of "Azadi ka Amrit Mahotsav", our department has taken initiative in organizing a health awareness workshop under the aegis of RUSA in collaboration with Niramay Medical Foundation and research Centre, Baramati on 6th and 7th January 2022 at 10.30 am onwards.

The approximate number of women in our college is 200. The expected expenditure for the conduct of this workshop is Rs. 90,000/-.

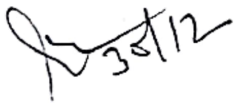
I request you therefore to grant permission for the conduct of this workshop and the possible expenditure.

Thanking you

Yours Sincerely


Dr. Sunil T. Pawar

Approved, RUSA





Anekant Education Society's
Tuljaram Chaturchand College of Arts, Science and
Commerce Baramati

NOTICE


- 5 JAN 2022

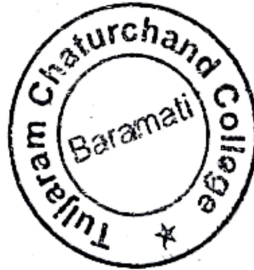
Notice No: 287

दिनांक : - 04/01/2022

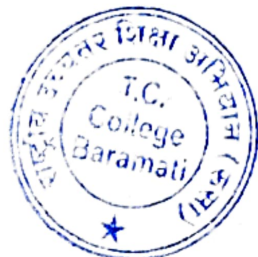
भारताला स्वातंत्र्य मिळून ७५ वर्ष पुर्ण झाली म्हणुन स्वातंत्र्याच्या अमृतमहोत्सवी वर्षा निमित्त आपल्या महाविद्यालयातील सर्व महिला प्राध्यापक, शिक्षक व शिक्षकेत्तर सेविका यांना कळविण्यात येते की सुक्ष्मजीवशास्त्र विभाग, निरामय मेडिकल फौंडेशन व रिसर्च सेंटर आणि रूसा, नवी दिल्ली यांच्या संयुक्त विद्यमाने **“Health Awareness Workshop”** दि. ६ व ७ जानेवारी २०२२ रोजी लायब्ररी हॉल, पहिला मजला (S-218) येथे ठीक १०.३० ते ०४.०० या वेळेत आयोजित करण्यात येत आहे.

तरी सर्व महिलांनी यामध्ये सहभाग नोंदवावा ही नम्रविनंती.


विभागप्रमुख
सुक्ष्मजीवशास्त्र विभाग

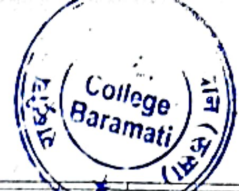



प्राचार्य



Jan/2022. / Thursday.

Ladies



No	Name.	Weight/Height	Age	BMI	Sign.
1)	Dr. Mukta Ambhere	wt: 70; H: 5'2"	42	12.8	
2)	Dr. Pratibha Jawale	wt: 62; H: 5'1"	48	25.83	
3)	Dr. Megha Badre	(wt: 70; H: 5'3")	53	28.2	
4)	Dr. Ranjana Nemade	(wt: 69; H: 5'3")	59	23.8	
5)	Smt Madhuri Kulkarni	wt: 67; H: 5'6"	55	23.84	
6)	Dr. Yogini Mulay	wt: 67; H: 5'2"	46	27.02	
7)	Mrs. Anchara. Dhole	wt: 48; H: 5'4"	29	18.16	
8)	Mrs. Sangeeta. Jadhav	wt: 56; H: 5'4"	52	21.19	
9)	Mrs. Smita. Birbale	wt: 44; H: 5'0"	56	18.94	
10)	Mrs. Nilima. Dabole	wt: 60; H: 5'0"	57	25.83	
11)	Mrs. Nirman. Jadhav	wt: 68; H: 5'0"	53	29.28	
12)	Mrs. Trupti. Shelke	wt: 68; H: 5'4"	33	25.73	
13)	Mrs. Sunita Melkunde	wt: 56; H: 5'4"	52	24.11	
14)	Miss. Prajakta. Markale	wt: 49; H: 5'4"	24	18.5	
15)	Miss. Nikita. Deokate	wt: 60; H: 5'3"	23	23.4	
16)	Mrs. Sarika. Vhora	wt: 68; H: 5'4"	44	25.7	
17)	Mrs. Varsha. Raut	wt: 69; H: 5'7"	40	23.8	
18)	Mrs. Sangeeta. Gaikwad	wt: 44; H: 5'0"	40	18.9	
19)	Mrs. Pramila. Shete	wt: 54; H: 5'2"	37	21.8	
20)	Mrs. Sonal. Bhramankar	wt: 58; H: 5'3"	39	22.7	
21)	Mrs. Anita. Patil	wt: 70; H: 5'3"	46	29.3	
22)	Mrs. Asmita. Bhagat	wt: 65; H: 5'2"	39	26.2	
24)	Mrs. Kajal. Prajakta. Kulkarni	wt: 60; H: 5'4"	39	22.7	
25)	Mrs. Kalyani. Londhe	wt: 59; H: 5'4"	33	22.3	
26)	Mrs. Gaurav. Patil	wt: 62; H: 5'3"	32	24.2	
27)	Mrs. Nazifa. Al-Haj	wt: 71; H: 5'3"	28	27.7	
28)	Miss. Deokate. Bharti. R	wt: 44; H: 5'0"	23	18.2	
29)	Mrs. Komal. Thevkar	wt: 58; H: 5'2"	28	23.4	
30)	Mrs. Yagita. S. Taware	wt: 46; H: 5'7"	28	15.9	
31)	Mrs. Vrushali. Khaire	wt: 60; H: 5'3"	26	23.4	
32)	Mrs. Lata. Jadhav	wt: 65; H: 5'7"	30	22.4	
34)	Mrs. Kale. Sandhyarani	wt: 62; H: 5'4"	38	23.5	
35)	Mrs. Karkud. Lalita	wt: 68; H: 5'2"	38	27.4	
36)	Mrs. Pawar. Anita. Sumi	wt: 75; H: 5'5"	48	27.5	
37)	Mrs. Shaikh. Shama	wt: 62; H: 5'6"	39	22.1	



r.No	Name	height	weight	Age	B.M.I	Sign
48)	Pisal Prital Papatras	5'3"	63	32	24.6	<i>Pisal</i>
49)	Shaha. S. R	5'3"	53	30	20.3	<i>Shaha</i>
40)	Dalavi P.M.	4'9"	43	30	20.5	<i>Dalavi</i>
44)	Pisal. Pratiksha Ramesh	5'2"	66	33	26.6	<i>Pisal</i>
42)	Sudha. Patil	5'5"	65	46	23.8	<i>Sudha</i>
43)	Mrs. Rupali Babar	5'6"	68	35	24.2	<i>Babar</i>
44)	Mrs. Madhuri. Saste	5'5"	55	31	20.2	<i>Saste</i>
43)	Mrs. Aparna. Pawar	5'2"	65	33	26.2	<i>Pawar</i>
46)	Mrs. Priya. Rupamun	5'3"	64	33	25.0	<i>Priya</i>
47)	Mrs. Anjali. Gawali	5'8"	76	26	25.5	<i>Anjali</i>
48)	Mrs. Sheetal. Gawade	5'4"	59	39	22.3	<i>Gawade</i>
49)	Mrs. Amruta. Bapat	5'0"	54	25	23.3	<i>Bapat</i>
50)	Miss. Shubhada. Patwardhan	5'5"	72	25	25.6	<i>Shubhada</i>
51)	Miss. Vaibhavi. Bhosale	5'4"	46	25	17.4	<i>Bhosale</i>
52)	Miss. Nikita. More	5'6"	73	25	26.0	<i>More</i>
53)	Miss. Vaishnavi. Khomre	5'4"	42	25	15.9	<i>Khomre</i>
54)	Miss. Tilotama Pawar	5'2"	52	25	21.0	<i>Pawar</i>
55)	Miss. Asawali Katekar	5'6"	69	23	24.6	<i>Katekar</i>
56)	Miss. Shaikh Farbin	5'7"	45	23	15.5	<i>Shaikh</i>
57)	Mrs. Dige. Nilam	5'1"	66	31	27.5	<i>Dige</i>
58)	Miss. Ashwini. Mohite	5'2"	41	25	16.5	<i>Mohite</i>
59)	Miss. Kiran. Sonawane	5'2"	46	25	18.5	<i>Sonawane</i>
60)	Mrs. Ashwini. Bhosale	5'1"	52	31	21.7	<i>Bhosale</i>
61)	Miss. Vaishnavi. Shivastkar	5'4"	65	22	24.6	<i>Shivastkar</i>
62)	Miss. Anita. Farambe	5'8"	85	27	28.5	<i>Farambe</i>
63)	Miss. Amruta. Parlekar	5'5"	66	26	24.2	<i>Parlekar</i>
64)	Mrs. Pooja. Kasar	5'1"	64	28	26.7	<i>Kasar</i>
65)	Mrs. Reshma Babar	5'0"	49	25	21.1	<i>Babar</i>
66)	Miss. Tanuja. Giramkar	5'3"	35	21	13.7	<i>Giramkar</i>
67)	Mrs. Bhosale Shubhangi	5'3"	60	38	23.4	<i>Bhosale</i>
68)	Miss. Sankpal Neelam	5'5"	52	25	19.1	<i>Sankpal</i>
69)	Mrs. Parthi Bhosale	5'3"	65	31	25.4	<i>Bhosale</i>
70)	M. Kondkar - Deshmukh	5'0"	54	40	23.3	<i>Kondkar</i>
71)	Sayarkar p. b	5'4"	64	35	24.2	<i>Sayarkar</i>
72)	Atole N. B.	5'3"	58	51	22.7	<i>Atole</i>

O.	Name	Weight	Height	Age	BMI	Sign
1)	Mrs. Madhuri Patil	64	5'6"	38	22.8	M.P.
2)	Mrs. Maishali. murumkar			47		Murumkar
3)	Mrs. Vaishali Patil	59	5'3"	43	28.0	Patil
4)	Mrs. Neeta. Bhave.	87	5'3"	44	34.0	Bhave
5)	Mrs. Mind. Aparna.	54	5'2"	29	21.8	ApMind
6)	Miss. Kalyani Kale.	52	5'3"	29	20.3	Kale
7)	Miss. Vaishnavi. Shinde	52	5'3"	24	24.2	Shinde
8)	Mrs. Sarita. D. Wadkar	60	5'0"	39	25.8	Sarita
9)	Mrs. Jaymala B. Pawar	64	5'4"	47		Pawar
10)	Mrs. Gore Smita-H.	94	5'6"	54		Gore
11)	Mrs. Seema Naik-Gosavi	73	5'2"	52		Naik
12)	Miss. Wagh. Priyanka B	43	5'1"	29		Wagh PB
13)	Mrs. Babita-Pawar	54	5'0"	35		Pawar
14)	Mrs. Munni. Waghize.	50	5'1"	35		Waghize
15)	Miss. Kolekar-Kajal	51	5'4"	25		Kajal
16)	Varsha. Ghosale.	53	5'4"	34		Ghosale
17)	Miss. Shinde. Nikita	57	5'4"	25		Shinde
18)	Miss. Kate. Sonali	43	5'4"	27		Kate
19)	Miss. Kshirsagar. Vishakha	67	5'7"	25		Kshirsagar
20)	Miss. Nilambari Jagtap	41	5	29		Jagtap
21)	Mrs. Pooja Zanjurni	28	5'2"	26		Zanjurni
22)	Miss. Poo. Mohite	79	5'6"	32		Mohite
23)	Miss. Gayatri Rirale	68	5'4"	28		Rirale
24)	Miss. Mohini Dalare	65	5'6"	25		Dalare
25)	Miss. Jyoti Waghmode	57	5'7"	23		Waghmode
26)	Mrs. Kalpana Rupnarayan	74	5'8"	32		Rupnarayan
27)	Miss. Sonali. Nale	53	5'4"	25		Nale
28)	Mrs. Supriya. Deokate	57	5'4"	25		Deokate
29)	Miss. Shaikh. Ayesha	51	5'0"	23		Shaikh
30)	Latika P. Atharpade.	65	5'4"	48		Atharpade
31)	Kanta. D. Bagade.	67	5'4"	48		Bagade

[Handwritten signature]





Baramati, Maharashtra, India
 Station Rd, Vivekanand Nagar, Baramati, Maharashtra
 413102, India
 Lat 18.159013°
 Long 74.579098°
 06/01/22 11:53 AM



Baramati, Maharashtra, India
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 413102, India
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Baramati, Maharashtra, India
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 Long 74.580045°
 06/01/22 11:19 AM



Baramati, Maharashtra, India
 Station Rd, Vivekanand Nagar, Baramati, Maharashtra
 413102, India
 Lat 18.159013°
 Long 74.679098°
 06/01/22 03:52 PM



द. सकाळ दि- २१/१/२०२२-पा.नं-५

टीसी महाविद्यालयात आरोग्य जागृती कार्यशाळा

बारामती, ता. २० : आजादी का अमृत महोत्सवानिमित्त टी. सी. महाविद्यालयातील, सूक्ष्मजीवशास्त्र विभाग, बारामती येथील निरामय मेडिकल फाउंडेशन व रिसर्च सेंटर आणि नवी दिल्ली येथील राष्ट्रीय उच्चस्तर शिक्षा अभियान (रुसा) यांच्या वतीने आयोजित आरोग्य जागृती कार्यशाळेत महाविद्यालयातील १०३ महिला आणि ८४ पुरुषांनी सहभाग घेतला होता. या कार्यशाळेचे उद्घाटन प्राचार्य डॉ. चंद्रशेखर मुरुमकर, डॉ. रंजना नेमाडे व डॉ. अशोक देशपांडे यांच्या हस्ते झाले.

डॉ. अशोक देशपांडे यांचे निरामय मेडिकल फाउंडेशन अँड रिसर्च व तुळजाराम चतुरचंद



बारामती : आरोग्य शिबिराचे उद्घाटन करताना डॉ. रंजना नेमाडे. रजिस्ट्रार अभिनंदन शहा आणि इतर मान्यवर.

महाविद्यालय यांच्या सामंजस्य करारांतर्गत गेल्या दहा वर्षांपासून विविध आरोग्य शिबिरे राबवली जातात. पहिल्यांमधील थायरॉईडचे वाढते प्रमाण पाहता थायरॉईडचे योग्यवेळी निदान व्हावे व वेळीच

उपचार घेतले जावेत या उद्देशाने यावेळी इतर तपासण्यांबरोबरच थायरॉईड तपासणी देखील केली गेली. या कार्यशाळेत संस्था व महाविद्यालयातील प्राध्यापक, शिक्षक, शिक्षकेतर कर्मचारी,

सेवक, सेविका यांची मोफत आरोग्य तपासणी करण्यात आली. यासाठी अनेकांत एच्युकेशन सोसायटीने परिश्रम घेतले. उत्तम आरोग्य राखण्यासाठी प्रशिक्षणही देण्यात आले. थायरॉईड, मधुमेह नियंत्रण, हिमोग्लोबिन वाढ यासाठी समतोल आहार व व्यायाम याविषयी माहिती देण्यात आली. अनेकांत एच्युकेशन सोसायटीचे अध्यक्ष जवाहर शहा व संस्थेचे सचिव मिलिंद शहा यांचे योगदान लाभले. सूक्ष्मजीवशास्त्र विभाग प्रमुख डॉ. सुनील पवार व त्यांच्या सहकाऱ्यांनी या उपक्रमाचे आयोजन केले होते. प्राचार्य डॉ. चंद्रशेखर मुरुमकर, अजित तेळवे, रजिस्ट्रार अभिनंदन शहा यांनी या उपक्रमासाठी मार्गदर्शन लाभले.

