



Prof. Dr. Avinash S. Jagtap
M.Sc. Ph.D.
PRINCIPAL

E-mail : principal.tccollege@gmail.com

॥ सिद्धिरनेकान्तात् ॥

Anekant Education Society's

TULJARAM CHATURCHAND COLLEGE
of Arts, Science and Commerce, Baramati - 413102.

Dist. Pune. Maharashtra, India.

Empowered Autonomous Status

Religious Minority Institute

NAAC Reaccredited 'A+' Grade, CGPA 3.55

NAAC-SSR

Cycle IV

2019 - 2024

Criterion VII: - Institutional Values and Best Practices

7.2.1 Best Practice-II: Women Empowerment

Q1M

Safety Training to Hostel Girls

09/12/2019

The hostel committee of the college organized a *Karate Training* workshop for hostel girls on 9th December 2019 at Girls' hostel. The training aimed to equipped girl students with the necessary skills to protect themselves in crisis. The girls living in the hostels are away from their homes and such self defense training workshops helps to create awareness about personal safety and preventive measures against potential threats. The training session was conducted by certified karate instructor of Baramati Karate Association. The instructors demonstrated various self-defense techniques, including basic strikes, blocks, and escape maneuvers. Girls hostel committee chairman Dr. Ranjana Nemade organized the program. The workshop was attended by more than 300 lady student of all girl hostels.



Felicitaiion of the karate trainer by Dr. Ranjana Nemade



Photographs of Karate Training 2019-20



Practical demo given by the trainer

